

Month Sample Activities



Sunday 9:00am Worship Service with Pastor Mark 11:00am Catholic Mass CH 42 2:00pm Sunday Fun—Meet your new neighbors and enjoy a variety of card games and board games.	Monday 7:00am Sit & Be Fit 9:00am Balance Exercise 10:30am Bible Study 1:30pm Bingo 2:30pm Chickenfoot 6:00pm Hand & Foot	Tuesday 7:00am Sit & Be Fit 9:00am Walk for Wellness 9:00am Bistro Store 9:30am Coffee w/Stories 9:30am Bus for shopping 10:00 Bible study 1:00 Knit & Stitch 1:30 Rummikube 6:00pm Cards & Parlor games	Wednesday 7:00am Sit & Be Fit 9:00am Balance Exercise 9:00am Wake up w/Westview 10:00am Caregiver Support Group 1:30pm Bingo 2:30pm Mexican Train Domino's 6:00pm Diamond Sheephead	Thursday 7:00am Sit & Be Fit 9:00am Bistro Store 9:30am Coffee w/Stories 2:30 Various programming 6:00pm Cards & Parlor games	Friday 7:00am Sit & Be Fit 9:00am Bistro Store 9:30am Coffee w/Stories 10:00am Bridge 2:00pm Afternoon social 3:00pm Live music 6:00pm Gathering & games of choice	Saturday Invite a Friend and go for a Walk today. Enjoy the day with your family, neighbors, and friends. 1:30pm Dollar Bingo 6:00pm Cards and Parlor Games of Choice—invite your neighbors for an evening of fun.
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